

The National Association of Physical Literacy - www.NAPL.org

241 Mile School Year Challenge - #ItsOnlyAMile

Name:

School/Club Affiliation:

2016/17	Oct	Nov	Dec	17	Jan	Feb	March	April	May	
Sat	1							1	1	
Sun	2			1				2	2	
Mon	3			2				3	3	
Tue	4	1		3				4	4	
Wed	5	2		4	1		1	5	5	
Thu	6	3	1	5	2		2	6	6	
Fri	7	4	2	6	3		3	7	7	
Sat	8	5	3	7	4		4	8	8	
Sun	9	6	4	8	5		5	9	9	
Mon	10	7	5	9	6		6	10	10	
Tue	11	8	6	10	7		7	11	11	
Wed	12	9	7	11	8		8	12	12	
Thu	13	10	8	12	9		9	13	13	
Fri	14	11	9	13	10		10	14	14	
Sat	15	12	10	14	11		11	15	15	
Sun	16	13	11	15	12		12	16	16	
Mon	17	14	12	16	13		13	17	17	
Tue	18	15	13	17	14		14	18	18	
Wed	19	16	14	18	15		15	19	19	
Thu	20	17	15	19	16		16	20	20	
Fri	21	18	16	20	17		17	21	21	
Sat	22	19	17	21	18		18	22	22	
Sun	23	20	18	22	19		19	23	23	
Mon	24	21	19	23	20		20	24	24	
Tue	25	22	20	24	21		21	25	25	
Wed	26	23	21	25	22		22	26	26	
Thu	27	24	22	26	23		23	27	27	
Fri	28	25	23	27	24		24	28	28	
Sat	29	26	24	28	25		25	29	29	
Sun	30	27	25	29	26		26	30	30	
Mon	31	28	26	30	27		27		31	241 DAYS Over
Tue		29	27	31	28		28			
Wed		30	28				29			
Thu			29				30			
Fri			30				31			
Sat			31							



Life's 2 Short 4 Just 1 Sport - Running the root of all play - www.241Sports.com